WHAT IS NARRATIVE MEDICINE?

HOW CAN IT HELP BRAIN INJURY SURVIVORS AND FAMILIES?
MANY PEOPLE HAVE HEARD OF ART THERAPY...

WALTER REED/ NICOE (NATIONAL INITREPID CENTER OF EXCELLENCE): TBI CARE FOR ACTIVE-DUTY SERVICE MEMBERS

Melissa Walker
Creative arts therapist

SOURCE: https://www.ted.com/talks/melissa_walker_art_can_heal_ptsd_s_invisible_wounds#t-343571
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RECENT STUDIES SHOW THAT:

• Art therapy bypasses speech-language issues with the brain
• Art therapy accesses the same sensory areas of the brain that encode trauma
• Art therapy reintegrates right and left areas of the brain
• The part of the brain that registers a traumatic wound can be the part of the brain where healing happens too

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NARRATIVE MEDICINE IS LIKE A “DEEP CUTS” VERSION OF ARTS THERAPY

Otis Redding Essentials
Apple Music Pop
Sittin’ On The Dock of the Bay

Otis Redding: Next...
Apple Music Soul/Funk
Stand By Me

Otis Redding: Deep...
Apple Music Soul/Funk
Try a Little Tenderness