All Things Assisted Living

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Topics We Will Cover:

- The Continuum of Care
- Define Assisted Living
- When to Move to Assisted Living
- Selecting an Assisted Living Facility
- Cost and Payers of Assisted Living
- The Best Resource for Further Questions
The Continuum of Care

Community Resources → Independent Living → Assisted Living

Skilled Nursing & Long-Term Care → *Hospice
Assisted Living Defined

**Defined:** A community that allows for individuals to stay as independent as possible, while also having help available as needed.

**Services and Amenities:**
- Personal care with Activities of Daily Living (ADLs) from nurses & aides available 24/7
- Dining services
- Housekeeping and maintenance
- Transportation
- Social events
When is it Time to Move to Assisted Living?

- My care needs are no longer predictable
- I need regular nurse oversight
- My caregiver is unable to care for themselves and me
- I have become isolated in my own home
Selecting an Assisted Living

• How much care can be provided on site?

• What is the staff to resident ratio and staff turnover rates?

• Is the location close to my loved ones?
The Cost and Payers of Assisted Living

Cost:
• Monthly average: $4,635 (Genworth, Columbus, OH 2021)
• Annual average: $49,020 (Genworth, Columbus, OH 2021)

Payers:
• Private Pay
• Long-term care insurance
• Medicaid (limited)
Your Best Resource for Further Questions

“Your aging and disability resource network”

Call: 1-800-589-7277